

SEEDLESS WATERMELON BRUNCH MUESLI

Serving size: Serves 4

INGREDIENTS

400g low fat vanilla yoghurt
12 tablespoons toasted muesli
½ large wedge Seedless Watermelon, cubed
4 teaspoons maple syrup

METHOD

In a large glass create the following layered dish for each person:

Bottom Layer: Toasted Muesli
Next Layer: Seedless Watermelon cubes
Next Layer: Low fat vanilla yoghurt
Next Layer: Toasted muesli
Next Layer: Seedless Watermelon cubes
Top Layer: Low fat vanilla yoghurt

Garnish with teaspoon of maple syrup and a few cubes of Seedless Watermelon.

